



South Carolina Institute of
Medicine & Public Health

TASKFORCE:

Social Isolation in Older Adults

This agenda is for the Social Isolation in Older Adults Taskforce Meeting.

NOVEMBER 16, 2022

10:00 AM TO 12:00 PM

VIRTUAL MEETING - ZOOM

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| I. Welcome & Introductions | 10:00 am – 10:05 am |
| Connie Munn, MSW, Director, SC Department on Aging | |
| II. Introduction of Keynote Speaker | 10:05 am – 10:10 am |
| Maya Pack, MS, MPA, Executive Director, IMPH | |
| III. Keynote: Social Connection & Health | 10:10 am – 10:50 am |
| Julianne Holt-Lunstad, PhD, Martin B. Hickman Scholar; Professor of Psychology and Neuroscience; Brigham Young University | |
| IV. Q&A with Dr. Holt-Lunstad | 10:50 am – 11:00 am |
| V. Review Recommendation Development Process | 11:00 am – 11:15 am |
| Karina C. Howell, MS, Health Equity Manager, IMPH | |
| VI. Small Group Discussions | 11:15 am – 11:50 am |
| V. Next Steps | 11:50 am – 12:00 pm |
| Jennifer Brewton, LMSW, Caregiver and Alzheimer's Resource Divisional Manager/Family Caregiver Support Program Manager, SCDOA | |



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Meeting Objectives

By the end of the meeting,

- Taskforce members will learn about the impact of social isolation on the health of older adults, and how older adults in historically marginalized groups (ex. Immigrants, LGBTQ+) are further impacted due to social stigma, language barriers and other factors.
- Taskforce members will learn how social connectedness relates to chronic disease prevention, healthy eating and active living. Along with understanding how transportation, social prescribing, faith communities and other mitigation strategies can reduce social isolation in older adults.
- Taskforce members will learn where further research is needed to assess the impact of social isolation on health.
- Taskforce members will be oriented to the recommendation development process.