

South Carolina Department on Aging



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South Carolina
**DEPARTMENT
ON AGING**

Older Americans Act

“The Older Americans Act clearly affirms our nation's sense of responsibility toward the well-being of all of our older citizens. But even more, the results of this act will help us to expand our opportunities for enriching the lives of all of our citizens in this country, now and in the years to come.”

President Lyndon Baines Johnson



Older Americans Act (OAA)

- Passed in 1965 as part of President Lyndon Baines Johnson's "Great Society" legislative initiative.
- Created for seniors to live at home and in the community with dignity and independence for as long as possible.
- South Carolina Department on Aging (SCDOA) was established by the Older Americans Act.

Why is the OAA important?

- Saves taxpayers money by allowing seniors to be independent longer, avoiding costly nursing home placement as well as helping to prevent unnecessary hospital readmission.
- More than 85% of recipients of OAA-funded services say that this assistance helped them to remain in their homes according to a study conducted by AARP.

How does it help?

- The amount of funding each state receives is based on Census data
- Annually, about 8 million people benefit from OAA services (AARP Public Policy Institute, February, 2019)
- OAA caregiver services are effective in reducing caregiver burden and in helping family caregivers continue in their role longer.

Older Adults in South Carolina

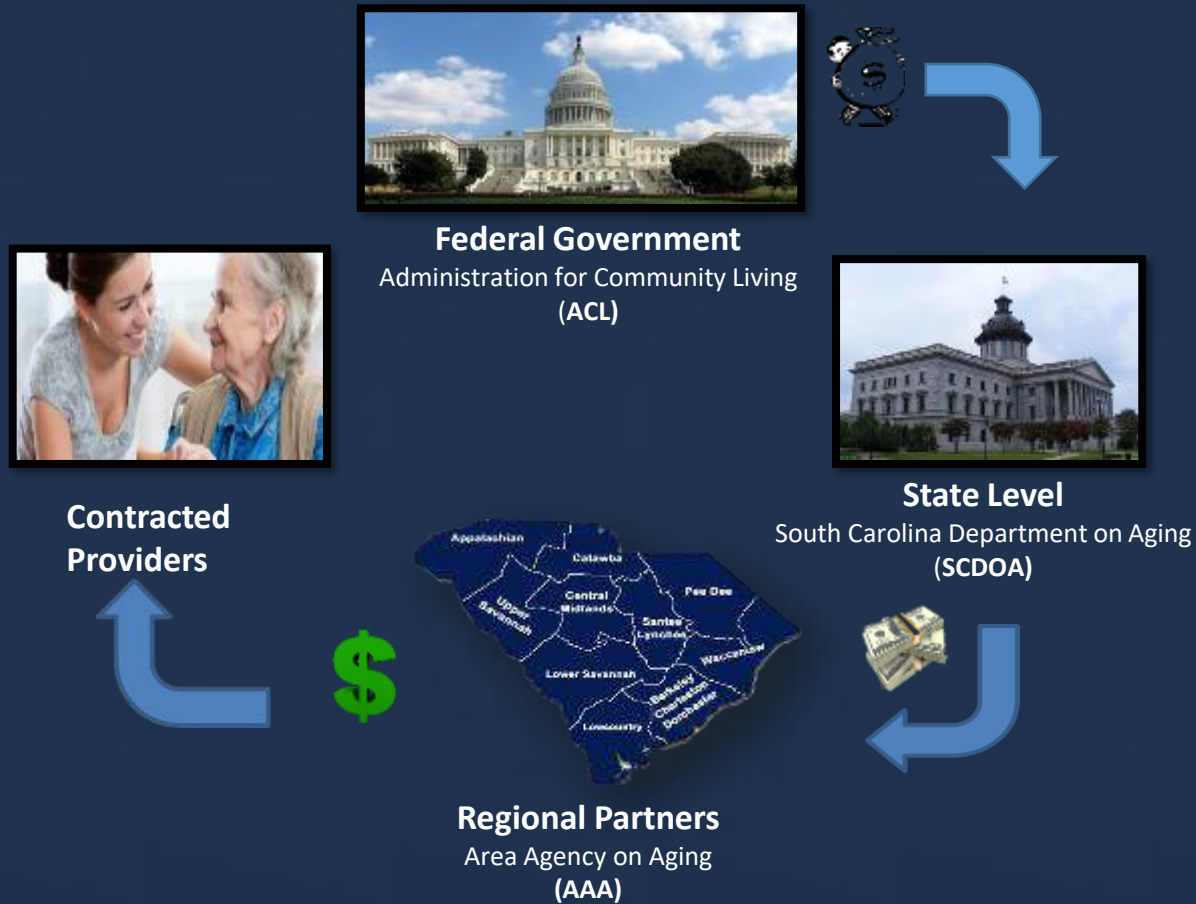
- About **1.1 million** people over age 60 live in South Carolina
- Adults above the age of 60 are about one-fifth of the State's population
- Senior population in South Carolina is forecast to grow to 1.8 million by 2030

Seniors Relocating

- SC ranks 4th for relocating senior retirees
- 155,000 people move to SC each year
- Over 50% of those new residents are above the age of 50
- People above the age of 85 are the fastest growing part of SC's population

Kiplinger, September 26, 2019

Funding Cycle OAA



The Area Agencies on Aging (AAA)

- **Appalachian** (Anderson, Cherokee, Greenville, Oconee, Pickens and Spartanburg Counties)
- **Catawba** (Chester, Lancaster, Union and York Counties)
- **Central Midlands** (Fairfield, Lexington, Newberry and Richland Counties)
- **Lowcountry** (Beaufort, Colleton, Hampton and Jasper Counties)
- **Lower Savannah** (Aiken, Allendale, Bamberg, Barnwell, Calhoun and Orangeburg Counties)
- **Pee Dee** (Chesterfield, Darlington, Dillon, Florence, Marion and Marlboro Counties)
- **Santee Lynches** (Clarendon, Kershaw, Lee and Sumter Counties)
- **Trident** (Berkeley, Charleston and Dorchester Counties)
- **Upper Savannah** (Abbeville, Edgefield, Greenwood, Laurens, McCormick and Saluda Counties)
- **Waccamaw** (Georgetown, Horry and Williamsburg Counties)

Criteria for Services

- Adults need to be **above age 60** to be eligible for most of our services.
- Our agency does not “means” test.

Supportive Services

- Supportive Services covers several programs which help seniors age in place. These programs include:
 - Information and Referral/ Assistance
 - In-Home Care (personal care, homemaker, chore, minor home repair)
 - Transportation
 - Legal Services
- An ASSESSMENT is conducted by to determine eligibility for supportive services.



Information and Referral/ Assistance

- The Program provides the public with current information on services in their communities, both inside and outside of the aging network.
- The Program refers members of the public to the appropriate services.



Assessments

- Assessments are conducted to determine eligibility for OAA services.
- Assessments are conducted at the AAA level by trained assessors.
- The assessment is designed to be a holistic tool to help identify needs and barriers in order to help seniors age in place.



Home Care Services

- Personal Care (assistance with ADLs)
- Homemaker (light housekeeping)
- Chore (heavy housekeeping or essential yard work)
- Minor Home Repair
 - These services may vary by region.



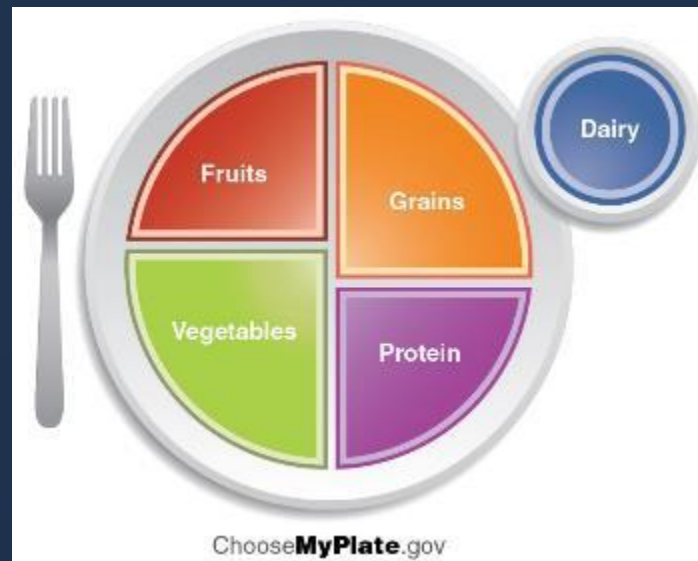
Transportation

- Group dining site transportation
- Medical transportation
- Essential shopping transportation



Nutrition Programs

- Group Dining Program
- Home Delivered Meal Program



Group Dining Program

- Provides healthy meals to seniors at no cost
- Normally, served at senior centers and nutrition sites five days a week
- Promotes socialization and reduces isolation



Home Delivered Meal Program

- Hot meals delivered daily
- Or frozen meals delivered weekly to homebound seniors
- Promotes socialization
- Meal deliveries serve as safety checks



Family Caregiver Support Program

- Created in 2000 as the National Family Caregiver Support Program
- Title III-E funds are an exception of the 60 and over rule of the OAA.
 - Grants are for caregivers, who can be any age over 18.
 - Older Relative Caregiver and Seniors Raising Children program are targeted to people over the age of 55.

Family Caregiver Support

- There are **nearly 1 million** family caregivers in SC.
- Caregivers provide **737 million hours of free services** to their chronically ill, disabled, or frail elderly loved ones annually



Family Caregiver Needs

- Family Caregivers are at high risk for stressors such as:
 - Mental
 - Emotional
 - Physical
 - Financial



Family Caregiver Support Program

- The Family Caregiver Support Program offers the following services:
 - Training
 - Support Groups
 - Counseling
 - Respite
 - Supplemental Services
 - Information Services



Who is eligible?

- Adult caring for someone who is frail (needing assistance with 2+ADLs) aged 60 or older.
- Adult caring for someone with Alzheimer's disease or related dementia.
- **Grandparents** or relative caregivers (**55 or older**) raising a **child under 18. (Seniors Raising Children Program)**
- **Persons (55 or older)** caring for a **disabled adult (18-59 years)** known as "Older Adult Caregivers".

Seniors Raising Children

- Offer a variety of services* for seniors (55+) raising children (under 18)
 - Tutoring
 - Afterschool care
 - Summer Camps
 - School-related needs
 - * vary by region



State Health Insurance Assistance Program (SHIP)

- One-on-one Medicare options counseling.
- Personalized free in-depth insurance counseling and assistance for Medicare beneficiaries and their families.
- SHIP counselors assist Medicare beneficiaries who are new to Medicare, needing assistance during annual election period, and help to resolve billing issues.



Open Enrollment Period for People with Medicare

- October 15, 2022 - December 7, 2022
- Coverage begins January 1, 2023
- 7-week period each year when you can:
 - Enroll
 - Switch Medicare Advantage Plans or Medicare Drug Plans
- This is the time to review health and drug plan choices

Senior Medicare Patrol (SMP)

- Empowers and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report healthcare fraud, errors, and abuse.



GetCare SC

- **GetCareSC** is a resource that allows seniors, caregivers, and adults with disabilities to search for service providers in their area.

- GetCareSC.com



Call:

- South Carolina Department on Aging

(800) 868-9095

(803) 734-9900

- Regional AAA where you reside



The Area Agencies on Aging (AAA)

Appalachian: (864) 242-9733

Counties served: Anderson, Cherokee, Greenville, Oconee, Pickens and Spartanburg

Catawba: (803) 329-9670

Counties served: Chester, Lancaster, Union and York

Central Midlands: (803) 376-5390

Counties served: Fairfield, Lexington, Newberry and Richland

Lowcountry: (843) 473-3991

Counties served: Beaufort, Colleton, Hampton and Jasper

Lower Savannah: (803) 649-7981

Counties served: Aiken, Allendale, Bamberg, Barnwell, Calhoun and Orangeburg

Pee Dee: (843) 383-8632

Counties served: Chesterfield, Darlington, Dillon, Florence, Marion and Marlboro

Santee Lynches: (803) 775-7381

Counties served: Clarendon, Kershaw, Lee and Sumter

Trident: (843) 554-2275

Counties served: Berkeley, Charleston and Dorchester

Upper Savannah: (864) 941-8069

Counties served: Abbeville, Edgefield, Greenwood, Laurens, McCormick and Saluda

Waccamaw: (843) 546-8502

Counties served: Georgetown, Horry and Williamsburg