One Million 65 and Older by 2030

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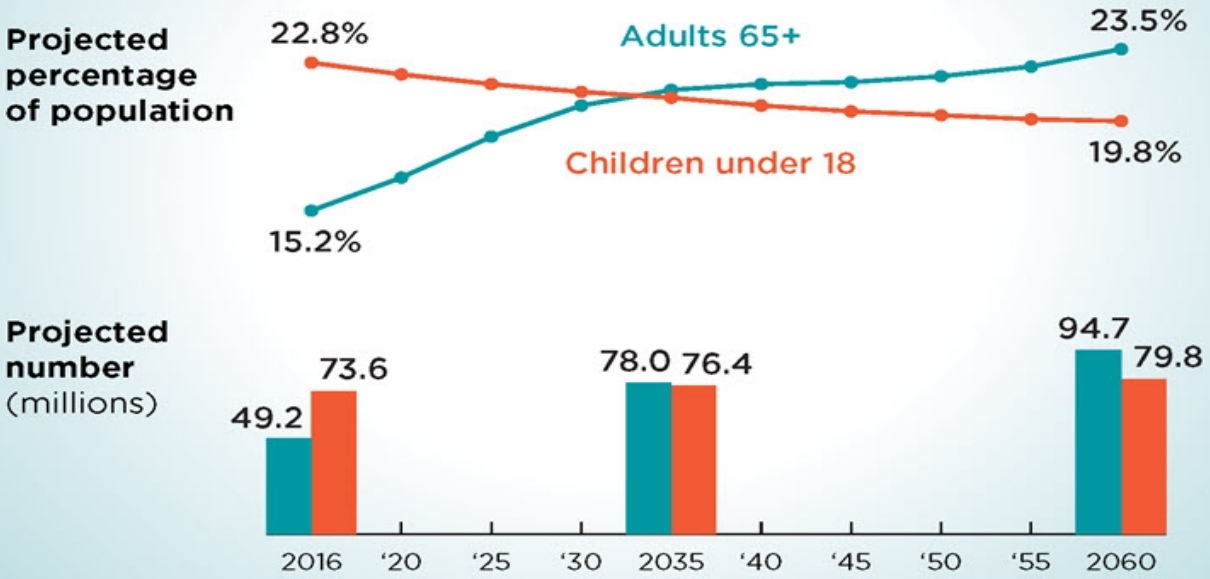
An Aging Nation

Projected Number of Children and Older Adults

For the First Time in U.S. History Older Adults Are Projected to Outnumber Children by 2035



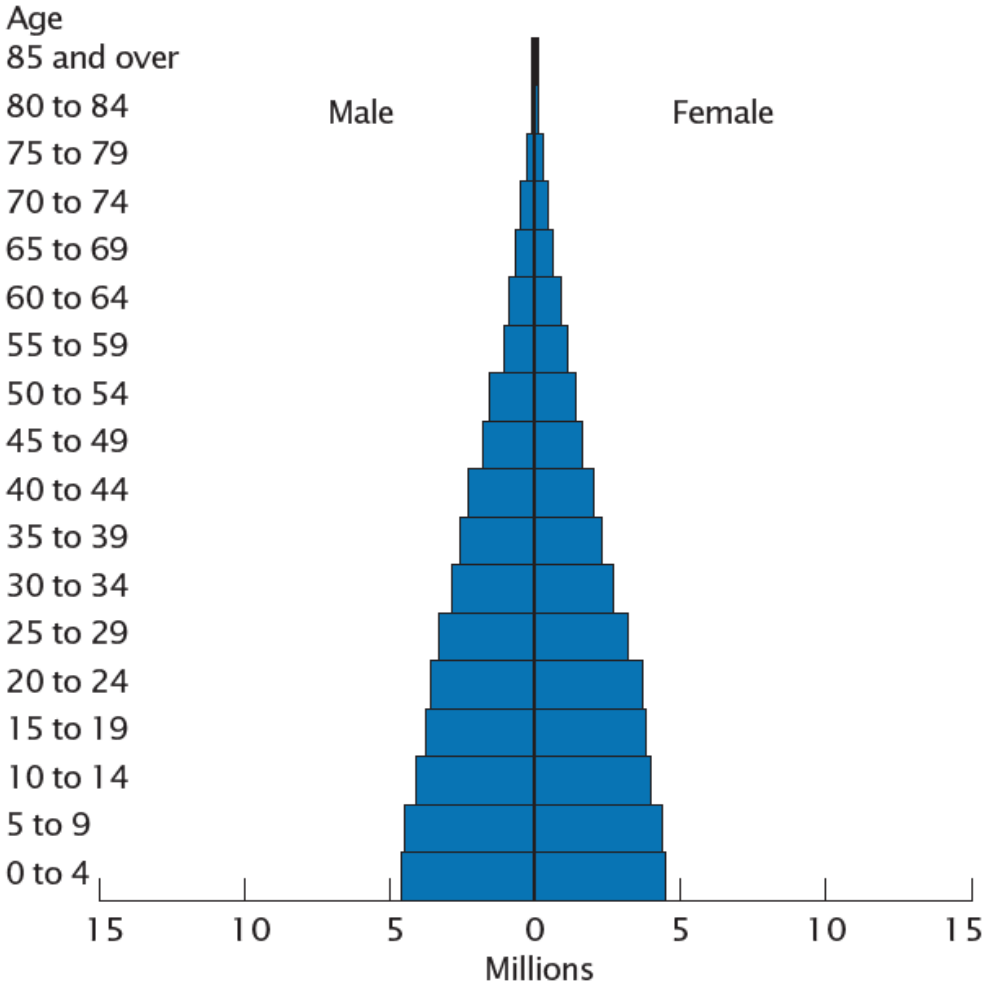
Note: 2016 data are estimates not projections.

United States Census Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
census.gov

Source: National Population Projections, 2017
www.census.gov/programs-surveys/popproj.html

Figure 1-5.
Population by Age and Sex: 1900
(For information on confidentiality protection, nonsampling error, and definitions, see *www.census.gov/prod/cen2010/doc/sf1.pdf)*

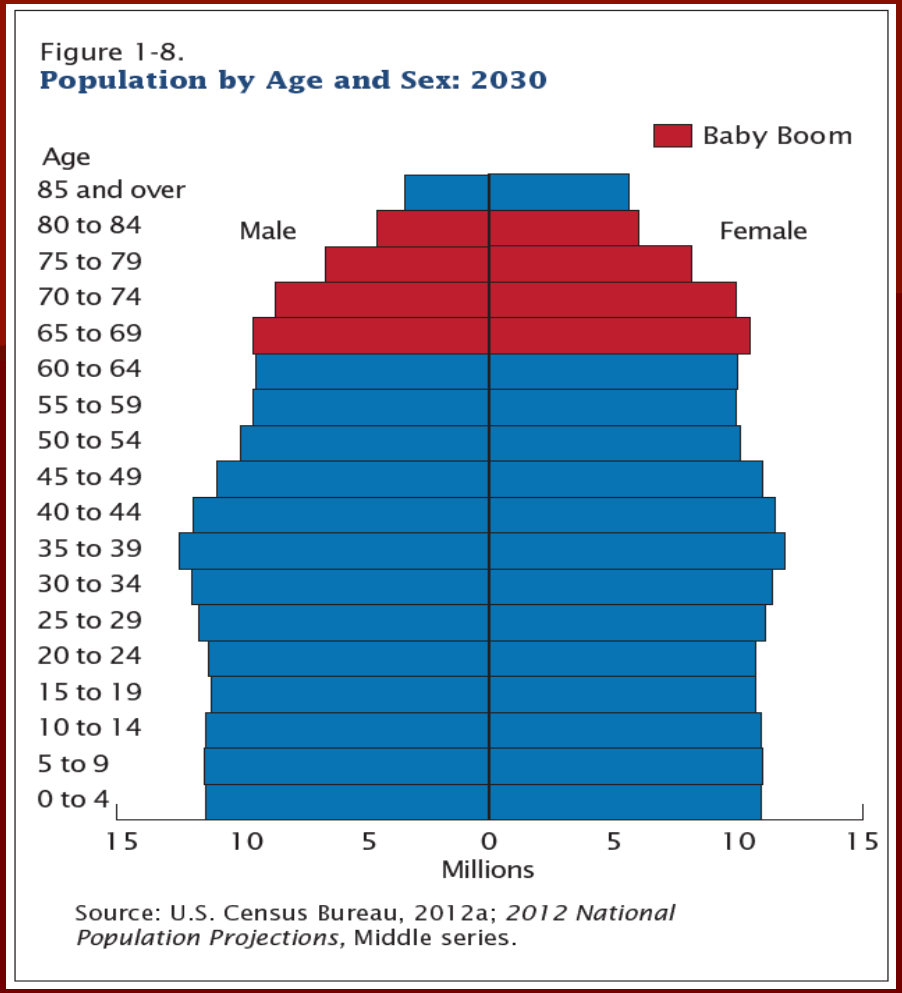


Source: U.S. Bureau of the Census, 1983; 1900 Census.

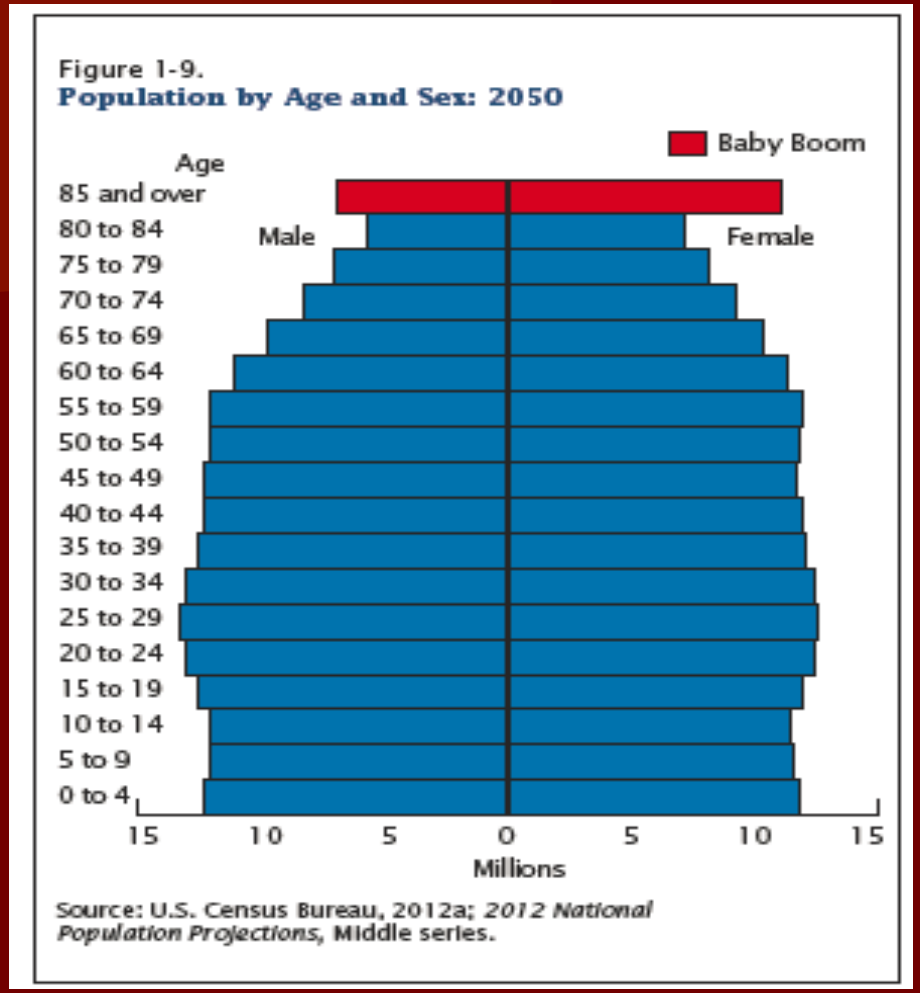
In 1900: number of people who were 65 or older: 3.4 million

There were nearly 34 million children (0-18 y.o.)

Source: https://www.census.gov/library/publications/2014/demo/p23-212.html

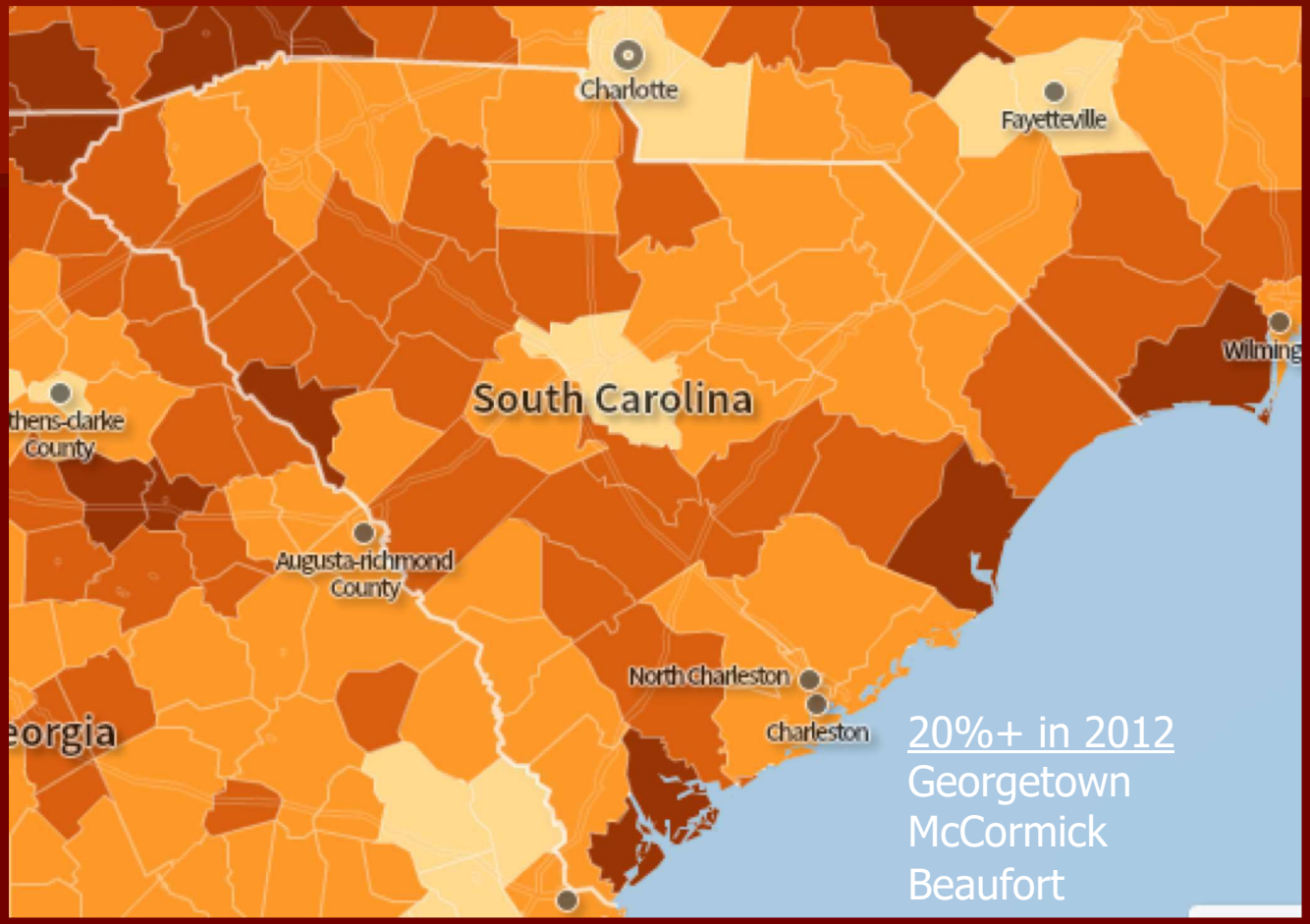


US population by age & sex, projection for 2030
65 and older: 73 million
[85 and older: 8.7 million]



US population by age & sex, projection for 2050
65 and older: 83.7 million
[85 and older: 18 million]

Percent of population 65 and older, 2012



Source: American Community Survey, http://www.census.gov/censusexplorer/censusexplorer.html

In 2030:
1 million SC residents will be 65 and older.

By then, every county on this map will be an even darker shade of red

Associated terms

- Population aging
- Demographic imperative or demographic transition
- Age wave, silver tsunami
- *For the Carolinas: "half backs"*

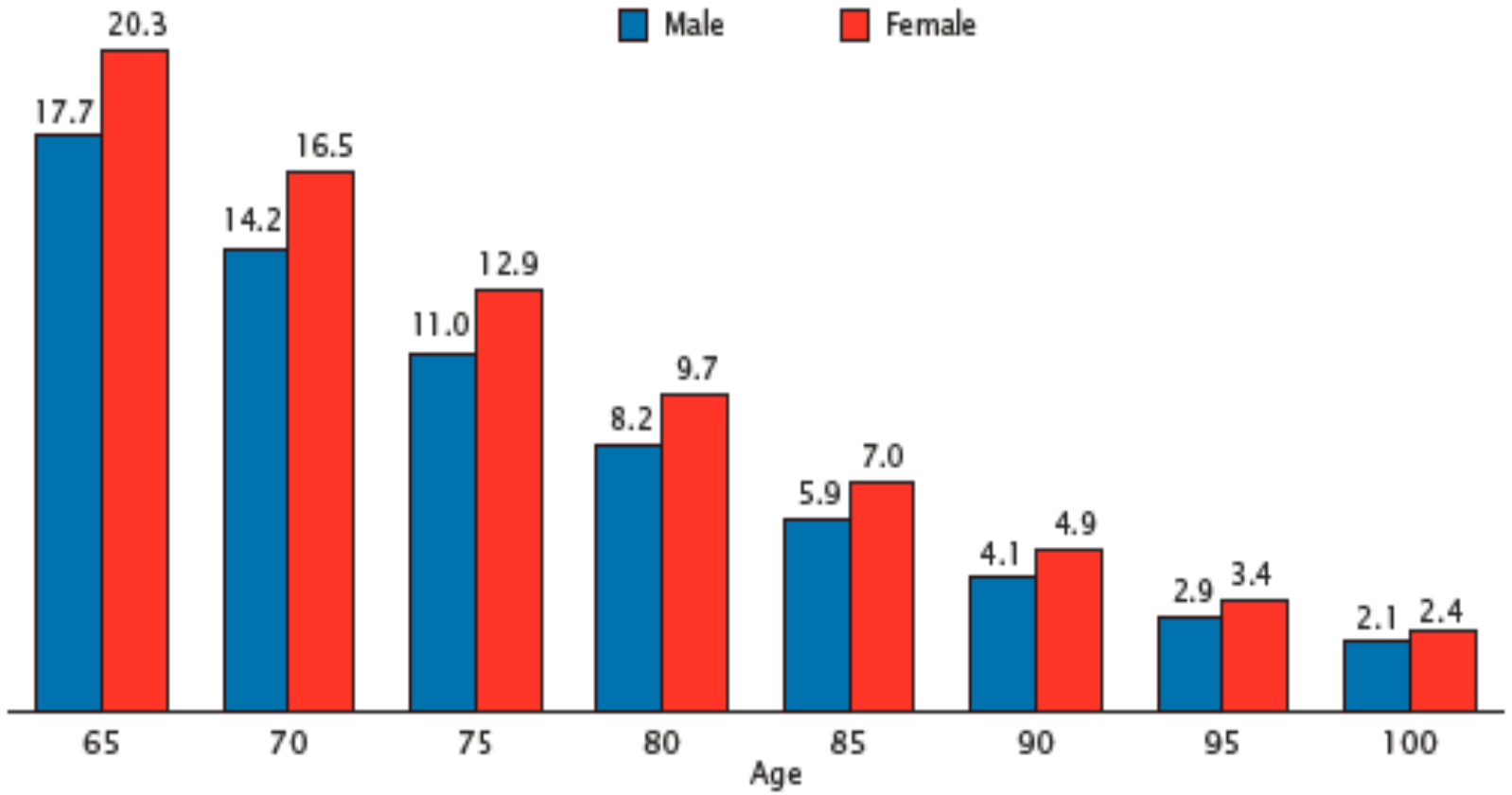
<u>Overused and too general</u>

- Successful aging, healthy aging, aging well
  - 70% of elder adults experience functional limitations at some time and need LTC services
  - Successful or healthy unfortunately suggests those who become disabled have failed somehow

Figure 2-1.

Life Expectancy at Older Ages by Age and Sex: 2010

(In years)



Note: Data for 2010 are preliminary.
Source: Murphy, Xu, and Kochanek, 2012.

Aging in place: the ability for a patient or client to live in their own community and home safely & independently with the necessary supports and services

Research consistently shows patients' quality-of-life is higher when receiving services in their own homes

- A-I-P practices are more comforting to patients and families, more cost-effective and more inclusive of intergenerationally supportive communities

Home and Community-Based Services

- HCBS are provided mostly by direct care workers
  - To reduce hospitalizations and institutional care
  - To provide daily or periodic home health care
  - To provide respite care to family caregivers
  - To educate patients & family caregivers how to manage treatments and warning signs to look out for related to patient's progressive care needs
- Direct care workers' skill sets will need to expand to address future service needs

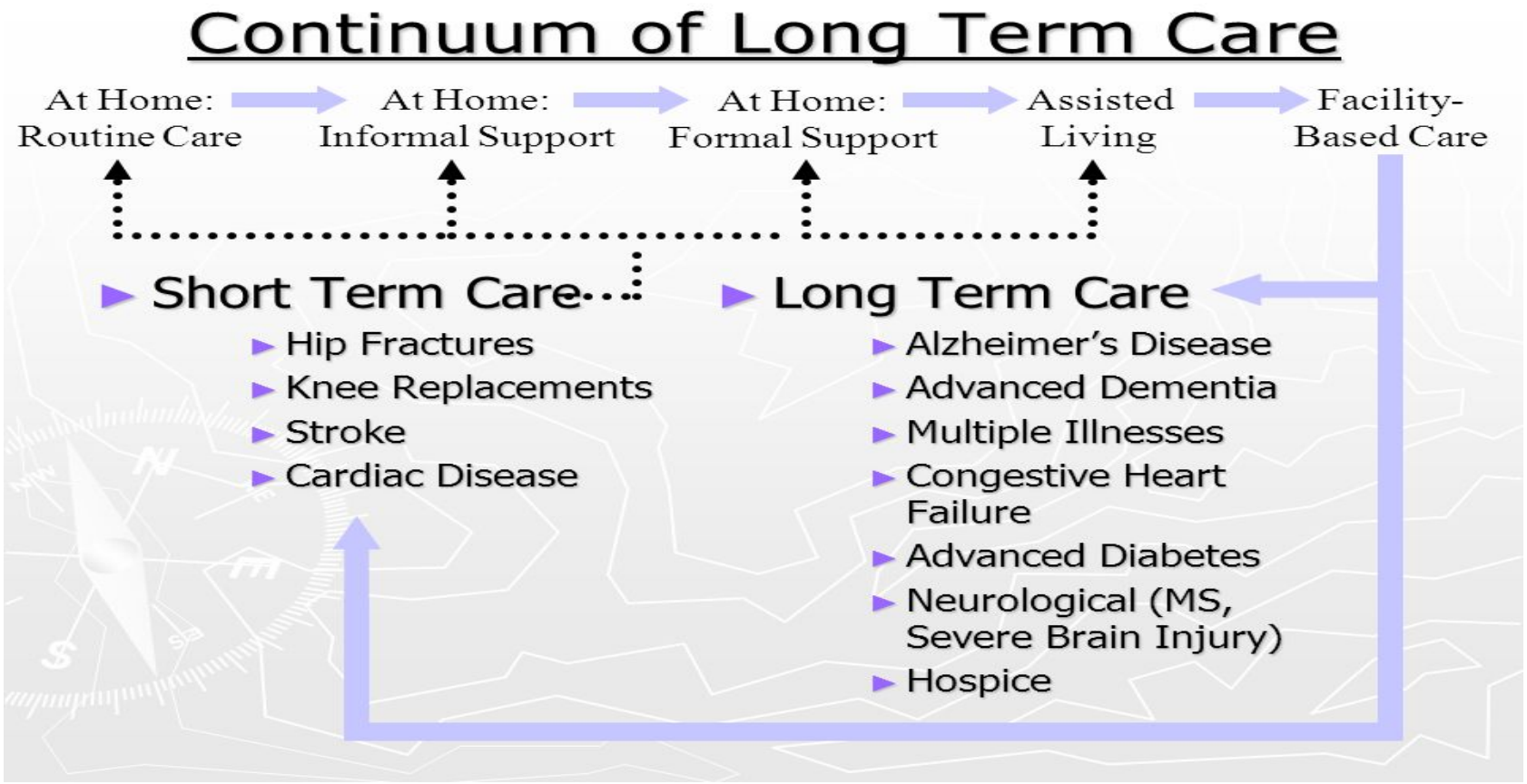
CREATING DIRECTION

A GUIDE FOR IMPROVING
LONG-TERM CARE
IN SOUTH CAROLINA

South Carolina Institute of
Medicine & Public Health

JUNE 2015

Strengthening the LTC Continuum



Source: Boudreau et al. **2007**. "Post Acute Care: Nursing Facilities, SNF, Assisted Living"

Strengthening the LTC Continuum

Recommendations include:

- Expand support for Medicaid-sponsored long-term services and supports
  - To strengthen and expand HCBS as part of a full spectrum of healthcare options
- Ensure access to a highly qualified and trained workforce of individuals who coordinate and manage care

LTC workforce recommendations

- Establish a LTC Workforce Development Consortium to ensure the development of a workforce of healthcare professionals and direct care workers with competencies in long-term services and supports
- Increase the presence and capacity of nurses in the long-term care workforce
- Establish the infrastructure for comprehensive, statewide training programs for direct care workers in HCBS that will improve outcomes for consumers

To promote choice & independence

Recommendation 23:

- Develop and market a comprehensive, user-friendly online information and referral resource for long-term services and supports
  - Launched a year ago as GetCareSC.com
  - https://www.getcaresc.com/
  - Lt. Governor's Office on Aging was the lead agency for completing this Taskforce recommendation