October 17, 2018 Workforce for Health Taskforce Meeting Summary

Kester Freeman, co-chair, welcomed everyone to the October 17th Workforce for Health Taskforce meeting. Mr. Freeman introduced the theme of the meeting, Aging in Place, and addressed the need to strengthen the continuum of Long-Term Care services for patients who need assistance with chronic disease management, overcoming functional limitations and strategies for living in the setting of choice for as long as possible.

After the welcome, Mr. Freeman introduced the first speaker, Dr. Corey Remle, program manager at IMPH. Dr. Remle's presentation introduced the issue of the aging in South Carolina. He defined aging in place for taskforce members and discussed home and community-based services, current long-term care efforts and the workforce-related recommendations from the 2015 IMPH report, *Creating Direction: A Guide for Improving Long-Term Care in South Carolina*. After Dr. Remle's presentation, he introduced Teresa Arnold, CEO of AARP of South Carolina. Ms. Arnold introduced the keynote speaker, Dr. Winifred Quinn, co-director of the AARP Center to Champion Nursing in America.

Dr. Quinn's presentation discussed potential changes in workforce policy and technology to help people age in place. Dr. Quinn shared results from AARP's 2012 Home Alone Report, which provided information on the role of family caregivers in the lives of aging individuals. Dr. Quinn also discussed the role of technology and the interest of the aging population to complete tasks like: giving medicine, pills or injections, making medical or care decisions, and prescription refill and pick-ups. Dr. Quinn then transitioned to the role and importance of telehealth in helping people, as they grow older, having a choice of where to live with access to high quality care provided by a range of clinicians, certified and skilled caregivers. Dr. Quinn introduced state and federal efforts to achieve affordable, Medicaid eligible health care services via telehealth.

After Dr. Quinn's presentation, Dr. Remle transitioned taskforce members to Dr. Pete Liggett, Deputy Director of Long-Term Living and Behavioral Health at the South Carolina Department of Health and Human Services. Dr. Liggett spoke about the Department of Health and Human Services' efforts in aging in place, the newest family caregiver project. South Carolina is one of five states selected to work with the Center for Health Care Strategies to improve support for family caregivers. The Center for Health Care Strategies are providing twelve months of technical assistance in examining family caregiver capacity. There are five areas of opportunity:

- Support of communities in developing grassroots resources that support family care givers in those communities with resources right for those communities,
- Targeted training and direct technical support for family caregivers to provide them with the knowledge, tools, and strategies necessary to support an aging relative with complex needs,
- Targeted incentives to promote family caregiving, including improvements to the availability and support of in-home respite care,
- Pursuit of Managed Long-Term Services and Support payment reform and
- Employment policies that support the efforts of family caregivers.

Dr. Remle then introduced the final presenter, Dr. Shaun Owens, assistant professor and director of the Health Aging Research and Technology (HART) Lab at the University of South Carolina's College of Social Work. Dr. Owens' presentation introduced the HART Lab and its efforts to implement innovative technologies in homes to improve the lives of the aging population. Dr. Owens introduced new technologies, a part of smart home technology, that monitors and can protect the aging population, making it easier for them to stay in their homes longer. Dr. Owens also introduced the newest project between the HART Lab and SC Uplift, building an affordable Smart Home for an older adult. Its combined accessibility, remote health monitoring and safety and security to use some of the technologies to protect the aging population in the home. Finally, Dr. Owens provided taskforce members with ways to get involved with helping the aging population in the local community.

After the presentations, Dr. Remle asked all taskforce members to get lunch and proceed into their breakout groups. Each workgroup had a different question to address and one question for all groups to discuss: Reflecting on today's material and the notes form the previous meetings, brainstorm potential actionable recommendations needed to support the development of the workforce of the future.

Group 1: Health Systems

- As the aging population grows rapidly, how do health systems build and maintain care teams to help elders live in their own homes and communities as long as they are able? As they age, many elders need long-term services for chronic disease management, increasing functional limitations and/or mild-to-severe dementias.

Group 2: Health Care Education & Training

- As the aging population grows rapidly, what education and training programs teaching which skills at which levels are needed to help elders live in their own homes and communities as long as they are able? As they age, many elders need long-term services for chronic disease management, increasing functional limitations and/or mild-to-severe dementias.

Group 3: community Health

- As the aging population grows rapidly, how can community-based organizations help elders live in their own homes and communities as long as they are able while supporting family caregivers? As they age, many elders need long-term services for chronic disease management, increasing functional limitations and/or mild-to-severe dementias.

Discussion leaders led taskforce members through the focus questions. A brief summary was provided once the taskforce reconvened back to the Congaree Room. After each group reported back to the taskforce, Dick Wilkerson gave the closing remarks and introduced the opportunities for recommendations to enhance the workforce in South Carolina and the need to address social and environmental determinants of health. Mr. Wilkerson thanked everyone for their time and effort and introduced the date and theme of the next taskforce meeting, Community-Based Behavioral Health Services, to be held on November 29, 2018.

The meeting ended at 2:00 PM.

October 17, 2018 Workforce for Health Taskforce Meeting Attendees

1. Rep. Terry Alexander
2. Katie Anderson
3. Jeanette Andrews
4. Teresa Arnold
5. Julie Ann Avin
6. Betsy Blake
7. Salandra Bowman
8. Morgan Bowne
9. Conner Correll
10. David L. Cull
11. Rachel Dattilo
12. Shuana Davis
13. David Garr
14. Francie Genz
15. James F. (Jan) Harper
16. Lisa James
17. Deborah Munchmeyer
18. Michelle Paczynski
19. Veronica Parker
20. Janet Place
21. Lenora Bush Reese
22. Bob Rice
23. Tricia Richardson
24. Kathy Schwarting
25. Jessica Seel
26. Kayce Shealy
27. Windsor Westbrook Sherrill
28. Julie Smithwick
29. Shawn Stinson
30. Rep. Ashley Trantham
31. Lakeisa M. Tucker
32. Virginia Berry White
33. Vicki Young

<u>Presenters:</u>

1. Shaun Owens
2. Winifred Quinn

<u>Advisory Committee</u>

1. Kester Freeman
2. Sara Goldsby

3. Anton Gunn
4. Mark Jordan
5. Pete Liggett
6. Angelo Sinopoli
7. Dick Wilkerson

IMPH Staff

1. Kendra Dewitt
2. Jamelia Graham
3. Vince Matthews
4. Maya Pack
5. Corey Remle
6. Shaena Rouse
7. Megan Weis